

ATTENTION PARENTS!
KEY BISCAIYNE K-8 CENTER
INVITES YOU TO PARTICIPATE
IN THE



Book: “*MINDFUL PARENTING*”
WRITTEN BY Kristen Race, PH.D.

**WOULD YOU LIKE TO LEARN SIMPLE AND
POWERFUL SOLUTIONS FOR RAISING CREATIVE,
ENGAGED, HAPPY KIDS IN TODAY’S HECTIC WORLD?**

**COME AND JOIN OUR ELEMENTARY
COUNSELOR, DR. ESTRELLA, IN THE INTERESTING
DISCUSSIONS OF THIS BOOK!**

THURSDAY: 11/30, 12/14, 1/11, 1/25 , 2/8 & 2/22
8:45 – 9:45 AM

Place: Elementary Cafeteria

**Free books to the first 18 parents who sign in
on the first session, 11/30! Come early!!**