



Online Payments

- PayPAMS is the simple, safe, and secure portal to pay for your child's meals.
- PayPAMS allows you to setup automatic payment plans, view account balances and history, receive automatic notification on balance status, and more.
- Register at PayPAMS.com (Additional fees may apply).

Eating Healthy Every Day!



Non-Discrimination Clause

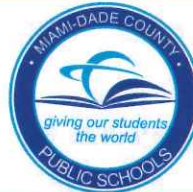
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW
Washington, D.C. 20250-9410
fax: (202) 690-7442; or
email: program.intake@usda.gov

This institution is an equal opportunity provider.



Miami-Dade County Public Schools Department of Food and Nutrition 2018-2019

Free Breakfast Daily At All Schools

Free and Reduced
Price Meals
Apply Online

nutrition.dadeschools.net



Visit our website for more
information:

nutrition.dadeschools.net



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The School Board of Miami-Dade County, Florida
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Healthy eating habits
promote high
performance. We invite
all students to fuel their
day by choosing
breakfast and lunch at

nutrition.dadeschools.net

Choose Breakfast and Lunch at School

- The Department of Food and Nutrition serves healthy meals daily, planned for our students to enjoy and to contribute to their health and achievement.
- FREE breakfast is available for all students at all schools daily.
- A variety of fresh and healthy menu choices are offered daily at breakfast and lunch.
- Students must select either a serving of fruit or vegetable for each meal.
- School menus are available at nutrition.dadeschools.net/menu.asp

Student Lunch Prices

	BREAKFAST	LUNCH
ELEMENTARY	No charge	\$2.25
SECONDARY	No charge	\$2.50

Reduced price lunch is \$0.40 at all grade levels.



How to Apply for Free or Reduced Price Lunch Benefits

Did you know your child may qualify for free or reduced price school lunch?

- Apply online at nutrition.dadeschools.net
- Applying online is fast and easy. You can even complete the application on your smart phone.
- Or request a paper application from your child's school.
- For further information or assistance with applying for a free or reduced price meal application, contact (786) 275-0400 ext. 5000.
- If your child was eligible for free or reduced price lunch last school year, the eligibility is in effect until October 3, 2018 or until a new application is approved.
- Households may apply for lunch benefits at any time during the school year.

Federal Income Eligibility Guidelines

U.S. Government Reduced Price Lunch Eligibility Scale

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	22,459	1,872	936	864	432
2	30,451	2,538	1,269	1,172	586
3	38,443	3,204	1,602	1,479	740
4	46,435	3,870	1,935	1,786	893
5	54,427	4,536	2,268	2,094	1,047
6	62,419	5,202	2,601	2,401	1,201
7	70,411	5,868	2,934	2,709	1,355
8	78,403	6,534	3,267	3,016	1,508
For each additional family member add...					
	7,992	666	333	308	154

To apply, scan with QR reader app or go to: freeandreducedmealapp.dadeschools.net



nutrition.dadeschools.net

LEAN & GREEN