

VILLAGE OF KEY BISCAYNE
PARKS & RECREATION DEPARTMENT PRESENTS

FILM SCREENING & COMMUNITY CONVERSATION



Wednesday, October 26th

6:30-8:30 PM

**Key Biscayne Council Chambers
560 Crandon Boulevard**

*Refreshments will be served
Free & Open to Adults & Children*

The community is invited to a free screening of the film **SCREENAGERS** which depicts the messy struggles families face over social media, video games, academics and internet addiction.

ABOUT THE MOVIE: Are your watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well. In **SCREENAGERS**, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, **SCREENAGERS** reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.



BUILDING A VILLAGE OF EMPATHY