



FAMILY FITNESS FUN NIGHT

Thursday, May 19 from 6:00PM to 8:00PM

Join us at the Key Biscayne K-8 Center for a free, fun, & healthy night for the whole family!

This special event brought to you by WITS provides an opportunity for the entire family to come together in a fun and festive atmosphere at school.

Students and their families will participate in fun fitness classes around campus, and afterwards, the families will enjoy a delicious, healthy dinner. Our fitness classes will include:

♥ Yoga

♥ Martial Arts

♥ Zumba

♥ Coach Challenge

Make Your Reservations Now! Space Is Limited!

RESERVE A SPOT BY EMAILING KBCSPTA@YAHOO.COM

Other WITS Activities Include:



TUESDAY, MAY 17
*Parent Cooking Classes
from 1:30p to 3:00p*
By Reservation. Limit 20 spots.



WEDNESDAY, MAY 18
*Fit Bits Training for Teachers,
WITS Bits for Teachers, &
WITS Bits for Students*



THURSDAY, MAY 19
*Family Fitness Night
from 6:00p to 8:00p*
By Reservation.

